

## Kashrut Guide

**Ohavi Zedek maintains a kosher kitchen** under the supervision of Rabbi Amy. People using the OZ kitchen should be acquainted with and observe OZ's kitchen rules and kashrut requirements.

- A *mashgiach* to maintain kashrut in accordance with the policies specific to Ohavi Zedek is needed in the kitchen when food is being prepared.
- Food must be prepared in the OZ kitchen, not at home or elsewhere.
- Supply all **food** needed for the kiddush you are sponsoring. Check to see if there are supplies available from a previous kiddush. Packaged food must have a *heksher* (symbol denoting kashrut supervision).
  - ***The items in the refrigerator and dry goods on the shelves belong to various synagogue organizations.***
- **Food/drinks** to be used in the OZ kitchen must have a *heksher* mark. This includes: cheese, milk, sour cream, cream cheese, yogurt, margarine and butter.
  - **Exceptions:** Coffee, fresh vegetables, eggs and fresh fruit (uncut). No bulk products.
- **Fruit/vegetables should not be pre-sliced, but sliced at OZ.**
- **Wine** requires a *heksher*. Before an event, kosher wine can be purchased for \$10 a bottle. Contact the OZ office. **Alcohol**, other than kiddush wine, may not be served at the synagogue without prior approval.
- **Bagels** may be purchased at the Burlington Bagel Bakery (864-0236), The Bagel Market in Essex (872-2616), Feldman's Bagels (540-0474) or Myers Bagels (863-5013). ***The bagels should not be sliced at the store, but must be sliced at OZ***, or under conditions approved by Rabbi Amy.
- **Unpackaged food** prepared outside of the OZ kitchen may not be brought into the kitchen to use for a kiddush.
- Cooking is not allowed in the OZ kitchen after 3 pm on Friday, or before Havdalah on Saturday.
- Someone who is not Jewish may turn on/off the oven/stove on Shabbat to reheat food, but all food must be prepared and cooked in advance before 3 pm, Friday. Ovens cannot be set above 350 degrees F on Shabbat (between 3 pm on Friday and Havdalah Saturday evening).
- **The *mashgiach* supervising the kitchen will view items to ensure compliance with these rules.**

- Check with Kathy regarding leftovers and whether they may be left in the OZ freezer/refrigerators. To arrange to donate leftovers, contact the OZ office.
- Use the plastic wrap, foil, paper products, etc. for kiddushim that are set aside in a separate cabinet. Check ahead to see if any items are needed.
  - ***The large rolls of plastic wrap and foil belong to the kitchen.***
- Paper towels, dishtowels and detergent are available for your use.
- Dishes/utensils that are brand new may be brought into the kitchen, but must be approved and koshered at least one week before use.
- OZ dishes may be used only in the kitchen, social hall or small sanctuary, and may not be taken out of the synagogue.
- ***Please plan to stay to clean up after Kiddush...clean all dishes, utensils, appliances, counter tops, etc. before you leave. Cleanup instructions are posted on the OZ kitchen wall.***