

# High Holy Days

## at Ohavi Zedek

Celebrating the Jewish Holidays of  
Rosh Hashanah and Yom Kippur  
5779

### Memorial Service

At Hebrew Holy Society  
Cemetery  
Sept. 2 10:00 am

### Erev Rosh Hashanah

Sept. 9

### Rosh Hashanah

Sept. 10 & 11

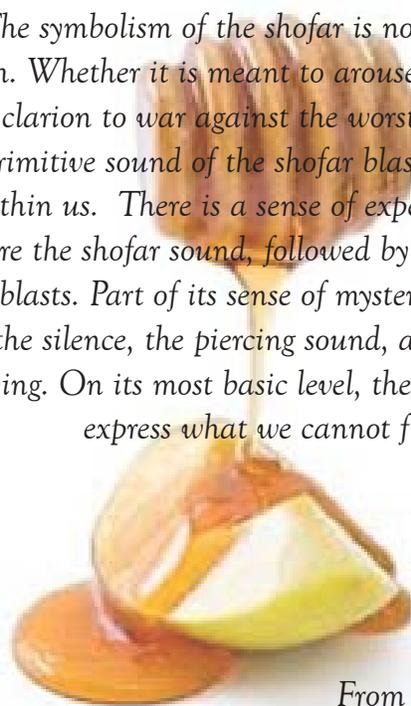
### Erev Yom Kippur (Kol Nidre)

Sept. 18

### Yom Kippur

Sept. 19

*“The symbolism of the shofar is not made explicit in the Torah. Whether it is meant to arouse our slumbering souls or as a clarion to war against the worst parts of our natures, the primitive sound of the shofar blast stirs something deep within us. There is a sense of expectation in the silence before the shofar sound, followed by unease evoked by the various blasts. Part of its sense of mystery lies in the interplay of the silence, the piercing sound, and the hum of people praying. On its most basic level, the shofar can be seen to express what we cannot find the words to say.”*



*From The Jewish Holidays:  
A Guide & Commentary by Michael Strassfield*

### Teen Service Break

OZ teen leaders will be hosting an informal chat for all teens, ages 13 and over. The

break will be held during Yizkor on Yom Kippur. (Approximately 11:30 am)

Take a break from services and join your peers for a fun and lively discussion.

Children are welcome to any and all services. However, if you would like childcare (ages 2-9) **RSVP** on your form the days and times that are needed.

## OZ Women's Communal Mikvah

In preparation for the Days of Awe, we will meet in bathing suits on Aug. 26 at 3:00 pm at the home of Judy Danzig (559 West Shore Rd, South Hero) to prepare for the soul searching of the High Holy Days by immersing in the waters of Lake Champlain.

## Memorial Service - Sept. 2

There is a tradition for Jews to visit the graves of loved ones as Rosh Hashanah approaches. We will gather at the Hebrew Holy Society Cemetery on Patchen Road on Sept. 2 at 10:00 am for a brief Memorial Service. At this time, we will bury the contents of the synagogue's *Genizah*: worn sacred books and other materials which, because they have the name of God in them, require such care.

## Erev Rosh Hashanah - Sept. 9

## Rosh Hashanah - Sept. 10 & 11

On the first night of Rosh Hashanah (after Kiddush) it is customary to dip an apple in honey and say the following:

*May it be your will, Hashem, our God and God of all our ancestors, that you renew us for a good sweet year.*

## Rosh Hashanah by the Lake - Sept. 10

We will meet at The Echo Center on Monday, Sept. 10, from 3:00 to 4:30 pm for our annual Rosh Hashanah by the Lake program for children and adults of all ages, featuring Jewish storytelling and songs, apples and honey. Hear the Shofar sound! Everyone is welcome to attend.

## Tashlich - Sept. 10

Join us on the Boardwalk near the Boathouse for a traditional Tashlich Service of symbolically casting our sins into the water. (You don't need bread, pocket lint will do.) Tashlich starts at 4:30 pm, following Rosh Hashanah by the Lake.

## Kol Nidre - Sept. 18

Please join us again this year at the start of Kol Nidre services at 5:30 PM to hear the beautiful melody of the Kol Nidre prayer performed on the cello as services begin, followed immediately by the Kol Nidre Torah and Children's Procession.

## Yom Kippur - Sept. 19

Fasting is held in high esteem by many religious traditions and health regimens. In the Jewish tradition, fasting is taken quite seriously. On a major Holy Day like Yom Kippur, those who fast do so because they believe fasting to be good for either the body or the spirit or both. The discomfort that is produced by fasting is thought to have instructional value and is intended to help us reflect on our human frailty (We are forbidden from fasting if our physical well being is endangered by it.)

## Ne'ilah Honor

The Myron Samuelson Memorial Ne'ilah Honor is awarded yearly to a member of the congregation in recognition of his or her commitment of time and energy to Ohavi Zedek Synagogue.

Sharon Panitch, this year's recipient, was on the Board of Directors from 2013 through 2017. Years earlier she began the G'Mach Committee's important outreach work.

As Chair of the Development & Fundraising Committee she is cultivating larger donations and bequests, and she and Grace ran the Calcutta fundraiser and made the yurt a reality. Sharon is the driving force behind Rosh Hashanah by the Lake and made a series of outreach videos. She and her husband Rick Hecht are the parents of three children, one of whom, daughter Zoe, is serving on the board as Youth Member.

## Children's Service

*The following services will be available during Rosh Hashanah and Yom Kippur:*

## Young Family Service (Ages 0-5)

**10:00 - 11:00 am**, stories and age-appropriate activities related to the New Year. Located in the Yurt.

## Family Service (Ages 7-12)

**10:00 am - 12:00 pm**, an age-appropriate opportunity for children to experience prayer, song and the richness of the High Holy Days. The service will be held at the Quaker Friends Meeting House across from OZ. Parents must accompany their children to and from, whether or not they choose to stay at the service.

## New Year's Ad

Each year members of the synagogue take out a full page color ad in Seven Days wishing members of the community a sweet new year (see below). To be included, enter your family's name in Section B of the High Holy Days Form **BY AUGUST 24!**

*A Prayer for Peace*

May we see the day when war and bloodshed cease, when a great peace will embrace the whole world.  
Then nation will not threaten nation and humanity will not again know war.  
For all who live on Earth shall realize we have not come into being to hate or to destroy.  
We have come into being to praise, to labor and to love.  
Compassionate God, bless the leaders of all nations with the power of compassion.  
Fulfill the promise conveyed in Hebrew Scripture:  
*I will bring peace to land ravaged by war. You shall lie down and no one shall terrify you.  
Let love and justice flow like a mighty stream. Let peace fill the earth as the waters fill the sea.  
And let us say: Amen.*

— from Siddur Sim Shalom

*A good & sweet year for us all.*

Gene & Sheila Ansoff Seth & Myra Barovick Edward & Bernice Bayer Elizabeth & Richard Bernstein Basha Brody & Martha Abbott Vivien & David Brown Rabbi Joshua, Kathy, Cavan, Zev & Ari Chasan Manny & Alan Chernoff David Coen & Sandy Berbeco Dr. David Coen & Dr. Judy Cohen Anita Cohen & Bill Carli Family Eric & Karen Corban Frank & Ducky Donath Mr. & Mrs. Murray Edelstein Charles Elsoff & Lynn Lettieri Michael & Diane Engel Dr. Merrill, Irene, Jennifer & Melissa Epstein	Mindy Evvin Joe & Cathy Frank Marvin Glickstein & Barbara Ripa Aaron & Rebecca Goldberg & Family BO Harold M. & Cheryl Goldstein Lillian S. Golwin & Bert Hoffman Robert & Kathy Gordon Kay & Stan Greenberg Raz Grossman & Diane Carminali Paul & Eileen Grosswald Gabe Hartstein David & Judy Hershberg Joy & Julian Jaffe Mike Kanarick & Liz Kleinberg & Family Mark & Judy Kaplan Marc & Elen Keller Diana & Emet Kermall Harvey J. Klein & Debra Cohen Klein Jeff & Judy Klein	Dr. Martin Kogelwitz & Family Linda Kopper & Family Arnold Krieger Deborah Kutsko & Beth Mintz Dr. & Mrs. S. Henry Lampert Kim Lash & Family Deb Lashman Annette Lazarus Martin & Barbara LeWinter Lee Lichtenstein & Cynthia Snyder Barbara McGrew Malory & Marcia Parker David & Holly Ptasnowski & Family Elaine & Allan Paul David & Jane Peari Rose Pels Rob, Ingrid and Molly Pels Ruth & Sidney Fogar Jeff & Jane Potash	Pomerantz/Kasper Family Alan & Joan Outner David Rome & Diane Ripa Judy P. Rosenzweig Michael, Leah & Abby Rosenthal The Rubman Family Rabbi Jan Salzman & Loredo Sola Yoram Samets & Linda Keilner Lisa Shapiro & Wayne Serwille The Solomon Family Sherry & Frank Star Mark Stoler & Diane Gabriel Sara Susman & Family Judy Tam & Jeffrey Klein & Family Alexander & Barbara Wilde Rick & Linda Wolfish Martha & Michael Wool and Family And the staff of Ohavi Zedek
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Ohavi Zedek Synagogue  
Where Everyone Is Welcome

Rabbi Joshua Chazan  
Rabbi Jan Salzman  
188 North Prospect Street  
Burlington, VT 05401  
802-654-0218  
www.ohavizedek.org



# High Holy Days 5779 / 2018

## Service Times

*If you need candle service times please visit [www.hebcal.com](http://www.hebcal.com)*

DATE	OCCASION	SERVICE	TIME
Sun., Aug. 26	Women's Mikvah	Women's Communal Mikvah at Judy Danzig's home - 559 West Shore Rd, South Hero	3:00 pm
Sat., Sept. 1	Selichot	Havdalah at Synagogue Selichot Program: <i>Healing Service</i> Selichot Service	8:00 PM 8:30 PM 9:30 PM
Sun., Sept. 2	Cemetery Prayers	Memorial Service at Hebrew Holy Society Cemetery on Patchen Rd	10:00 AM
Wed., Sept. 5		Spiritual Preparation for the HDDs	6:00 PM
Sun., Sept. 9	Erev Rosh Hashanah	Mincha/Ma'ariv	6:00 PM
Mon., Sept. 10	Rosh Hashanah Day 1	Shacharit Rosh Hashanah by the Lake Tashlich	9:00 AM 3:00 PM 4:30 PM
Tues., Sept. 11	Rosh Hashanah Day 2	Shacharit	9:00 AM
Sat., Sept. 15	Shabbat Shuvah	Shacharit	9:15 AM
Tue., Sept. 18	Erev Yom Kippur (Kol Nidre)	Kol Nidre on Cello Followed by Kol Nidre Service	5:30 PM
Wed., Sept. 19	Yom Kippur	Shacharit Afternoon Learning: "Ask the Rabbi" Mincha & Ne'ilah Shofar Sounding Break-the-Fast / Havdalah	9:00 AM 2:00 PM 5:00 PM 7:05 PM 7:35 PM
Sun., Sept. 23	Erev Sukkot	Ma'ariv	6:00 PM
Mon., Sept. 24	Sukkot Day 1	Shacharit	9:15 AM
Tue., Sept. 25	Sukkot Day 2	Shacharit	9:15 AM
Sat., Sept. 29	Shabbat Chol Ha'Moed	Shacharit	9:15 AM
Sun., Sept. 30	Hoshana Rabba Erev Shemini Atzeret	Shacharit Ma'ariv	8:45 AM 6:00 PM
Mon., Oct. 1	Shemini Atzeret	Shacharit Yizkor after Torah Reading Simchat Torah Intergenerational Celebration	9:15 AM 6:15 PM
Tue., Oct. 2	Simchat Torah	Shacharit & Dancing	9:15 AM

# OZ High Holy Day Form 2018/5779

PLEASE RETURN THIS FORM TO THE OFFICE BY **August 24, 2018!**

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

Payment Options:

Check for \$ \_\_\_\_\_ is enclosed.

Please charge my credit card \$ \_\_\_\_\_

Card # \_\_\_\_\_ Exp. \_\_\_\_ / \_\_\_\_

Signature \_\_\_\_\_

Please bill me. **I understand I must pay prior to the holiday**

## **A. High Holy Day Seats** (Member Price: \$36-\$125/Non-Member Suggested Donation: \$200)

Seat prices will be at three levels (per person):

'Sustaining' (this level reflects the true amount of High Holiday revenue in budget): \$80

'Supporting' (this level is for those with the generosity and ability to help welcome other families): \$125

'Welcoming' (this level is for families needing financial support to be able to attend): \$36

Total # of Seats \_\_\_\_\_ X Price per seat \$ \_\_\_\_\_ = \_\_\_\_\_

\* I/We would like to have the same seats as last year (*Please only reserve if it is important for you to sit in the same seats.*)

## **B. New Year's Ad - \$25/family** (Full page color ad printed in the Seven Days to run Sept. 5)

Please list my/our name(s) in the New Year's Ad as follows:

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## **C. Lulav & Etrog for Sukkot** (\$40 each)

Quantity: \_\_\_\_\_ X \$40

Families will be contacted for pick up dates and times prior to Sukkot.

Continued on back side

**D. Book of Life**

\$18 per name

Please print the name of my/our loved ones as they appeared in last year's book.

Please add the names of the following loved ones:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**E. High Holy Day Honors**

Opening/Closing the Ark \$50

Hagbah/Gelilah \$125

Having an Aliyah \$100

Chanting the Maftir/Haftarah \$150

Honors may be purchased by any OZ member for friends/family attending services. The Honors Committee will make the ultimate designation on who receives which honor at each service based on preference/availability.

Name(s) of Honoree(s) and Honor(s)

_____	_____
_____	_____

**F. Child Care for High Holy Days- for ages 2-9 (free)**

Please indicate which service(s) and how many children will be attending, so that we can plan accordingly.

Erev Rosh Hashanah, 6:00 pm - 8:00 pm

Rosh Hashanah, 9:00 am - 1:00 pm

How many children \_\_\_\_\_

Rosh Hashanah, 9:00 am - 1:00 pm

Ages of children \_\_\_\_\_

Kol Nidre, 5:30 pm - 8:00 pm

***\*Please supply diapers and wipes if needed***

Yom Kippur, 9:00 am - 2:00 pm

Yom Kippur, 2:00 pm - 4:00 pm

***\*Children over the age of 10 are the responsibility of the parent. They are not to come in the childcare room unless they are there to help. Thank you for your cooperation.***

Yom Kippur, 4:30 pm - 7:15 pm

**Please mail form to: Ohavi Zedek, 188 North Prospect St., Burlington, VT 05401**

## The High Holy Days

A guide to Rosh Hashanah, Yom Kippur and the days between

Although the High Holy Days themselves—the two days of Rosh Hashanah (the Jewish New Year) and Yom Kippur (the Day of Atonement) — occupy three days only, they lie within a web of liturgy and customs that extend from the beginning of the preceding Hebrew month of Elul through Yom Kippur. The focus of this entire period is the process of teshuvah, or repentance, whereby a Jew admits to sins, asks for forgiveness, and resolves not to repeat the sins. Recognizing the psychological difficulty of self-examination and personal change, the rabbis instituted a 40-day period whose intensity spirals toward its culmination on Yom Kippur, a day devoted entirely to fasting and repentance.

### When Does the High Holy Days Season Begin?

The High Holy Day period begins on the first day of the Jewish month of Elul. In the Ashkenazi tradition, during this month of soul searching, the shofar, or ram's horn, is blown each morning except on the Sabbath, to call upon listeners to begin the difficult process of repentance. Also in Elul special haftarot—prophetic portions—focusing on consolation acknowledge the vulnerability of an individual grappling with personal change. During the week before Rosh Hashanah, intensity increases as traditional Jews begin reciting selichot, prayers that involve confessing sins and requesting God's forgiveness and help. On the Sabbath before Rosh Hashanah, the selichot are chanted at midnight, rather than their usual early morning hour.

### What Are the Ten Days of Repentance?

The culmination of the High Holy Day period occurs during the Ten Days of Repentance, which begin on 1 Tishrei with Rosh Hashanah and end with Yom Kippur. During this period, human beings have the chance to tip the scales of divine judgment in their favor through repentance, prayer, and tzedakah (performing righteous deeds and giving money to charitable causes).

Not only is Rosh Hashanah the Jewish New Year, which commemorates God's creation of the world, but also the Day of Judgment, when God remembers and judges all human deeds. Except on Shabbat, services are punctuated with the call of the shofar, which according to Maimonides is saying, "Awake, you sleepers, from your slumber... examine your deeds, return in repentance, and remember your Creator." Human beings are believed to be in mortal danger at this time, with their lives hinging on the decision to repent. Only those who choose to forego sin are inscribed in the symbolic "Book of Life" that is a central liturgical image of Rosh Hashanah.

On the afternoon of the first day of Rosh Hashanah, the theological bent of the morning services is reinforced in a concrete way during the Tashlikh ceremony, during which individuals symbolically cast away their personal sins by throwing

breadcrumbs into a flowing body of water. This action is accompanied by the recitation of biblical verses that evoke the human capacity for repentance and the beneficence of Divine forgiveness through the metaphor of casting sins into depths of the waters.

### What is Shabbat Shuvah?

The Sabbath between Rosh Hashanah and Yom Kippur is called Shabbat Shuvah, the Sabbath of Return, or Repentance, after a verse from the haftarah declaring "Return O Israel to the Lord, your God" (Hosea 14:2).

### What Happens on Yom Kippur?

The transition to Yom Kippur begins in the hours preceding the evening onset of the festival with the recitation of the first vidui, or communal confession of sins, at the afternoon service. Some Jews choose to go to the mikvah, or ritual bath, to purify themselves before the holiday. The striving toward inner purity is also reflected in the white outfits traditional for the day. In traditional congregations, men will don a white robe called a kittel over their holiday clothes. In some liberal congregation, both men and women might choose to wear white garments to symbolize this quest for spiritual purity.

Within the Ten Days of Repentance, Yom Kippur is the pinnacle of intensity, moving toward the decisive moment at its close when God is imagined as sealing the books of life and death. The day's total focus on spiritual concerns is exemplified by fasting and abstaining from everyday activities such as bathing, sexual relations, and the wearing of leather shoes.

The liturgical day of Yom Kippur, known as the Sabbath of Sabbaths, begins with the Kol Nidre service immediately prior to sunset. The heartrending poems and prayers of the Machzor, the prayer book used for Rosh Hashanah and Yom Kippur, which express the themes of repentance, human frailty, and humility before God combine with the nusach, or musical style of the service, to express the momentousness of the day.

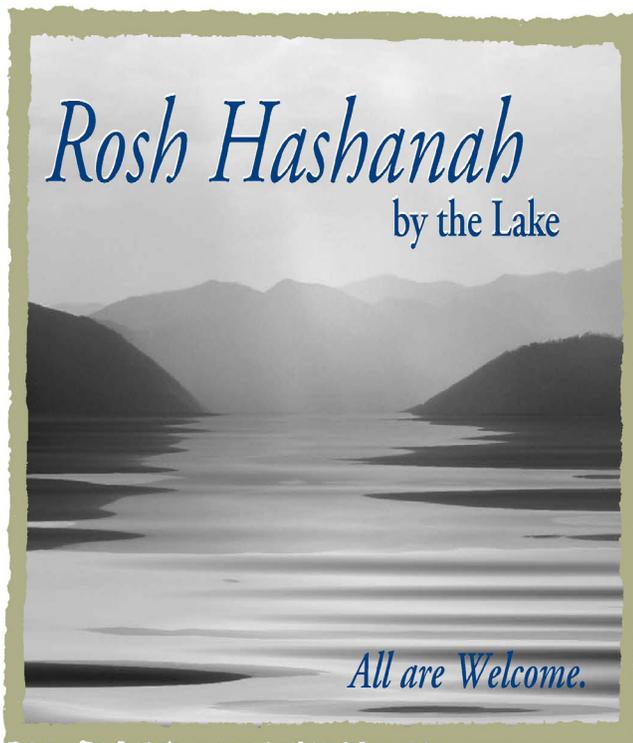
Liturgical elements that distinguish the Yom Kippur services include a recounting of the Temple service on Yom Kippur, a description of the suffering of rabbis martyred by the Romans, and the reading of the Book of Jonah. The day closes with the Neilah service, during which penitents pray before the open Ark, with one last chance to repent before the Book of Life is sealed. The very name of the service, Neilah (locking) refers to the imagery that the gates of repentance, open during the High Holidays, are now shutting. A lengthy sounding of the shofar, called a tekiah gedolah, releases the Jew back into the realm of the everyday bolstered by a final echo of the call to repentance.

Ohavi Zedek Synagogue  
188 North Prospect St.  
Burlington, VT 05401

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**RETURN SERVICE REQUESTED**

*Special  
High Holy Days  
Mailing*



***Rosh Hashanah  
by the Lake  
September 10  
3:00 pm***

We will meet at The Echo Center on Mon., Sept. 10,  
from 3:00 to 4:30 pm for our annual Rosh Hashanah  
by the Lake program for children and adults of all  
ages, featuring Jewish storytelling and songs, apples  
and honey. Hear the Shofar sound!

***Members and Non-members are welcome to attend.***