

High Holy Days

at Ohavi Zedek

Celebrating the Jewish Holidays of
Rosh Hashanah and Yom Kippur
5780

Mikveh

Sept. 1

Selichot

Sept. 21

Memorial Service

At Hebrew Holy Society
Cemetery

Sept. 22 10:00 am

Erev Rosh Hashanah

Sept. 29

Rosh Hashanah

Sept. 30 + Oct. 1

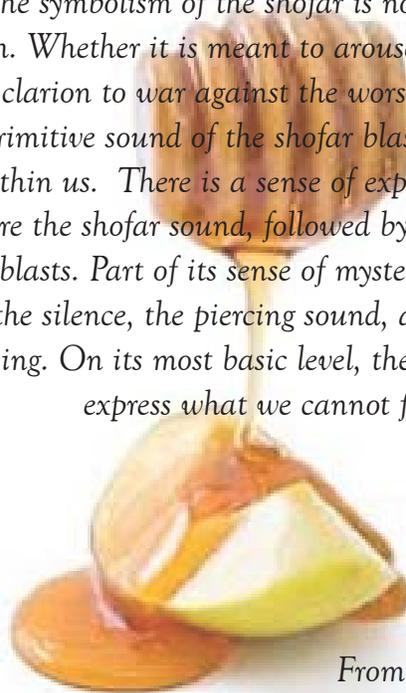
Erev Yom Kippur (Kol Nidre)

Oct. 8

Yom Kippur

Oct. 9

“The symbolism of the shofar is not made explicit in the Torah. Whether it is meant to arouse our slumbering souls or as a clarion to war against the worst parts of our natures, the primitive sound of the shofar blast stirs something deep within us. There is a sense of expectation in the silence before the shofar sound, followed by unease evoked by the various blasts. Part of its sense of mystery lies in the interplay of the silence, the piercing sound, and the hum of people praying. On its most basic level, the shofar can be seen to express what we cannot find the words to say.”



*From The Jewish Holidays:
A Guide & Commentary by Michael Strassfield*

Teen Service Break

OZ teen leaders will be hosting an informal chat for all teens, ages 13 and over. The

break will be held during Yizkor on Yom Kippur. (Approximately 11:30 am)

Take a break from services and join your peers for a fun and lively discussion.

Children are welcome to any and all services. However, if you would like childcare (ages 2-9) **RSVP** on your form the days and times that are needed.

OZ Women's Communal Mikveh - Sept. 1

In preparation for the Days of Awe, we will meet in bathing suits on September 1 at 2:00 pm at the home of Judy Danzig (559 West Shore Rd, South Hero) to prepare for the soul searching of the High Holy Days by immersing in the waters of Lake Champlain.

Healing Service and Selichot - Sept. 21

Torah teaches us we are to care for each other. As we ready ourselves to enter the new year, please join us after Shabbat on Saturday, September 21 at 8:00 pm, for a service that will honor the healing of body and mind and heart. Through singing, prayer and personal sharing, we will together create sacred space. A short Selichot service will follow the healing service. Come sing and pray and share the spirit of healing.

Memorial Service - Sept. 22

There is a tradition for Jews to visit the graves of loved ones as Rosh Hashanah approaches. We will gather at the Hebrew Holy Society Cemetery on Patchen Road on Sept. 22 at 10:00 am for a brief Memorial Service. At this time, we will bury the contents of the synagogue's Genizah: worn sacred books and other materials which, because they have the name of God in them, require such care.

Erev Rosh Hashanah - Sept. 29

Rosh Hashanah - Sept. 30 & Oct. 1

On Rosh Hashanah (after Kiddush) it is customary to dip an apple in honey and say the following:
May it be your will, Hashem, our God and God of all our ancestors, that you renew us for a good sweet year.

Rosh Hashanah by the Lake - Sept. 30

We will meet at The Echo Center on Monday, Sept. 30, from 3:00 to 4:30 pm for our annual Rosh Hashanah by the Lake program for children and adults of all ages, featuring Jewish storytelling and songs, apples and honey. Hear the Shofar sound! Everyone is welcome to attend.

Tashlich - Sept. 30

Join us on the Boardwalk near the Boathouse for a traditional Tashlich Service of symbolically casting our sins into the water with bread. Tashlich starts at 4:30 pm, following Rosh Hashanah by the Lake.

Kol Nidre – October 8

Please join us again this year at the start of Kol Nidre services at 5:30 PM to hear the beautiful melody of the Kol Nidre prayer performed on the violin as services begin, followed immediately by the Kol Nidre Torah and Children's Procession.

Yom Kippur – October 9

Fasting is held in high esteem by many religious traditions and health regimens. In the Jewish tradition, fasting is taken quite seriously. On a major Holy Day like Yom Kippur, those who fast do so because they believe fasting to be good for either the body or the spirit or both. The discomfort that is produced by fasting is thought to have instructional value and is intended to help us reflect on our human frailty (We are forbidden from fasting if our physical well being is endangered by it.)

Ne'ilah Honor

The Myron Samuelson Memorial Ne'ilah Honor is awarded yearly to a member of the congregation in recognition of his or her commitment of time and energy to Ohavi Zedek Synagogue.

Judy Danzig, this year's Ne'ilah recipient has been a member of OZ since 1980. Judy was a Hebrew School teacher in the '80s, has served on the Adult Education and G'Mach Committees as well as Rabbinical and Cantorial Search Committees, and is currently a member of the Scholar-in-Residence and Religious Committees. Along with Louise Klein Hodin, she co-chairs the OZ Kiddush Committee, through which congregants' birthdays and other life cycle events are celebrated. Judy and Gary Visco have a blended family of four children and three grandchildren. They live year-round on the shores of Lake Champlain in South Hero.

Children's Service

The following services will be available during Rosh Hashanah and Yom Kippur:

Young Family Service (Ages 0-5)

10:00 - 11:00 am, stories and age-appropriate activities related to the New Year. Located in the Yurt.

Family Service (Ages 7-12)

10:00 am - 12:00 pm, an age-appropriate opportunity for children to experience prayer, song and the richness of the High Holy Days. The service will be held at Fern Hill. Parents must accompany their children to and from, whether or not they choose to stay at the service.

New Year's Ad

Each year members of the synagogue take out a full-page color ad in Seven Days wishing members of the community a sweet new year (see below). To be included, enter your family's name in Section B of the High Holy Days Form **by Sept. 17!**

A Prayer for
PEACE

May we see the day when war and bloodshed cease, when a great peace will embrace the whole world. Then nation will not threaten nation and humanity will not again know war.

For all who live on Earth shall realize we have not come into being to hate or to destroy. We have come into being to praise, to labor and to love. Compassionate God, bless the leaders of all nations with the power of compassion. Fulfill the promise conveyed in Hebrew Scripture: I will bring peace to land engaged by war. You shall lie down and no one shall terrify you. Let love and justice flow like a mighty stream. Let peace fill the earth as the waters fill the sea.

And let us say: Amen.

— from Siddur Sim Shalom

A good & sweet year for us all.
We are a diverse and inclusive Jewish Community where everyone is welcome.

Edward & Bernice Bayer
Barbra Brody & Martha Abbott
Annie Brown & Joan Hill
Vivian & David Brown
Diana Curran & Roz Grossman
David Coon & Sandy Barbaco
Eric & Karen Curran
Frank & Ducky Donath
Bernice & Murray Edelstein
Michael & Dana Engel
Misty W. Evis
Mary & Neil Fogel
BO H. Michael Goldstein
& Cheryl Goldstein
Robert & Kathy Gordon
Paul & Steven Gonsler
David & Judy Herlitzberg
Louise Klein Hodin
Mike Kanarick &
Liz Hanberg & Family
Mark & Judy Kaplan
Matthew & Elaine Katz
Marc & Ellen Keller
Diana & Bob Kennoff
Harvey & Alan & Debra Cohen Klein
Arnold Krigger
Linda Kooper & Family
Madeline Rubin & Family
Annette Lazarus
Martin & Barbara LeWittor

Lee Lichtenstein & Cynthia Snyder
Michael & Marjorie Lipson
Bill Miller
Barbara McGraw
Malley & Maria Parker
David & Holly Pasakow
Eli & Alan Pearl
Rose Pele
Patsch/Rachet Family
Sidney Poger
Pomerantz/Kasper Family
Barbara Ripps & Marvin Glickstein
David Rome & Diane Ripps
Judy R. Rosenzweig
Michael & Leah Rosenthal
Carol & Jeff Rotman
Marc Barrow & Susan Reich & Family
Michael Samuel & Judy Westmeyer
Lisa Shapiro & Wayne Saravali
Rabbi Amy & Sid Small
Judy Tark & Jeffrey Klein
Key Stambler & Stan Greenberg
Sherry & Frank Star
Mark Stoler
Gigi Weisman & Jane Van Buren
Alexander & Barbara Wilco
Scott Wiscovitz
Rick & Linda Wolfan
Martha & Michael Wood & Family
And the staff of Ohavi Zedek

Rabbi Amy Small
Visit www.ohavizedek.org for service times or call 802-864-0218 for info.
188 North Prospect Street, Burlington, VT 05401

Ohavi Zedek Synagogue

More High Holy Days Information

Please remember, it is synagogue policy that **High Holy Day seats cannot be purchased until unpaid pledges from 2018-2019 are addressed and a membership pledge and payment for 2019-2020 has been received.** If you have any questions/concerns or to set up a payment plan, please contact Tari Cote at tari@ohavizedek.org.

SEATING FOR THE HOLIDAYS

We are pleased to offer open seating (We no longer offer reserved seats according to price.) In doing away with the model of paying incrementally for reserved seating, you may choose your seats upon arrival.

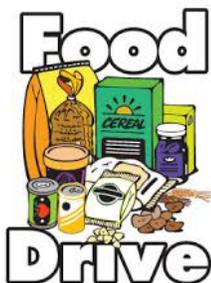
However, if you feel an emotional connection to the same seats you've had traditionally, you may still reserve those seats. Anyone with desire to reserve their seats may do so by indicating on the form and returning it to the office **by Sept. 17.**

As you decide your contribution for seats, we ask that you make an honest self-assessment of your family's finances and priorities to pay what you are able in order to ensure that the synagogue is able to support those with fewer available financial resources. Your support and tzedakah is what enables us to welcome all, and we are deeply grateful.

We Need Ushers

Would you like to help by serving as an usher for a portion of one or more of the High Holy Days services? Please contact Sue Schein (Shine47@comcast.net) for Rosh Hashanah ushering and Basha Brody (bashavt@comcast.net) to usher during Yom Kippur. Thank you!

High Holy Days Food Drive



Please bring non-perishable food to the synagogue for distribution to the Chittenden Emergency Food Shelf in Burlington. Food may be left in the coat room anytime **before Kol Nidre, Oct. 8.** We also make a financial contribution at this time. If it is more convenient, please consider contributing a

check made payable to The Chittenden Emergency Food Shelf. Last year we donated 300 pounds of food and a donation of \$130! Todah rabah! Many thanks!

Whom would you like to honor?

In planning for the High Holy Days, your to-do list likely includes buying seats, adding the names of loved ones to the Book of Life, planning for your break-the-fast, and reminding your co-workers when you'll be missing work — not to mention preparing to do *teshuvah* (repentance) and purchasing High Holy Day honors.

If you haven't ever taken part in this last activity, you may be wondering why you should start now. To help jog your imagination, here are the 10 top reasons why you might want to purchase High Holy Day honors:

1. If you're not for yourself, who will be?
2. What better way to welcome them to Burlington?
3. She does so much, she deserves to be recognized.
4. It's a great gift for the guy who has everything.
5. These are her first High Holy Days as a bat mitzvah.
6. These are his first High Holy Days as a Jew.
7. There's no sweeter way to make amends.
8. It's an old family tradition—or could become a new one.
9. She's the love of your life.
10. Whatever your particular reason, purchasing High Holy Day honors is a wonderful way to support your synagogue while doing something extra special for someone.

What's your reason?

No one knows better than you — or needs to. Honors include opening and closing the ark, lifting and tying Torah scrolls, having an aliyah and chanting the Haftarah. Costs range from \$50 to \$150. To purchase an honor, please fill out Section E of the form in this mailing.



High Holy Days 5780 / 2019

Service Times

If you need candle service times please visit www.hebcal.com

Shacharit - Morning Service

Ma'ariv - Evening Service

DATE	OCCASION	SERVICE	TIME
Sun., Sept. 1	Women's Mikveh	Women's Communal Mikveh at Judy Danzig's home - 559 West Shore Rd, South Hero	2:00 pm
Sat., Sept. 21	Selichot	Havdalah at Synagogue Selichot Program: <i>Healing Service</i> Selichot Service	8:00 PM 8:30 PM 9:30 PM
Sun., Sept. 22	Cemetery Prayers	Memorial Service at Hebrew Holy Society Cemetery on Patchen Rd	10:00 AM
Wed., Sept. 11, 18 + 25	High Holiday Study and Reflection	Spiritual Preparation for the HDDs	6:00 PM
Sun., Sept. 29	Erev Rosh Hashanah	Ma'ariv	6:00 PM
Mon., Sept. 30	Rosh Hashanah Day 1	Shacharit Rosh Hashanah by the Lake Tashlich	9:00 AM 3:00 PM 4:30 PM
Tues., Oct. 1	Rosh Hashanah Day 2	Shacharit	9:00 AM
Sat., Oct. 5	Shabbat Shuvah	Shacharit	9:15 AM
Tue., Oct. 8	Erev Yom Kippur (Kol Nidre)	Kol Nidre on Violin Followed by Kol Nidre Service	5:30 PM
Wed., Oct. 9	Yom Kippur	Shacharit-Morning Service Afternoon Learning: "Ask the Rabbi" Mincha & Ne'ilah Shofar Sounding Break-the-Fast / Havdalah	9:00 AM 2:00 PM 5:00 PM 7:00 PM 7:15 PM
Sun., Oct. 13	Erev Sukkot	Ma'ariv	7:00 PM
Mon., Oct. 14	Sukkot Day 1	Shacharit	9:00 AM
Tue., Oct. 15	Sukkot Day 2	Shacharit	9:00 AM
Wed., Oct 16	Family Sukkot	Family Celebration (with Hebrew School)	5:00 PM
Sat., Oct. 19	Shabbat Chol Ha'Moed	Shacharit	9:00 AM
Sun., Oct. 20	Hoshana Rabba	Shacharit	9:00 AM
Sun., Oct. 20	Simchat Torah Family Celebration	Family Celebration & Pot Luck Dinner	4:00 PM
Sun., Oct. 20 Mon., Oct. 21	Shemini Atzeret	Ma'ariv Shacharit Yizkor	7:00 PM 9:00 AM
Mon., Oct. 21 Tue., Oct. 22	Simchat Torah	Ma'ariv Shacharit & Dancing	7 PM 9:00 AM

OZ High Holy Day Form 2019/5780

PLEASE RETURN THIS FORM TO THE OFFICE BY **Sept. 17, 2019!**

Name: _____ Phone #: _____

Address: _____

Payment Options:

Check for \$ _____ is enclosed.

Please charge my credit card \$ _____

Card # _____ Exp. ____ / ____

Signature _____

A. High Holy Day Seats (Member Price: \$36-\$125/Non-Member Suggested Donation: \$200)

Seat prices will be at three levels (per person):

'Sustaining' (this level reflects the true amount of High Holiday revenue in budget): \$80

'Supporting' (this level is for those with the generosity and ability to help welcome other families): \$125

'Welcoming' (this level is for families needing financial support to be able to attend): \$36

Total # of Seats _____ X Price per seat \$ _____ = _____

* I/We would like to have the same seats as last year (*Please only reserve if it is important for you to sit in the same seats.*)

B. New Year's Ad - \$25/family (Full page color ad printed in the Seven Days.

Please list my/our name(s) in the New Year's Ad as follows:

C. Lulav & Etrog for Sukkot (\$40 each)

Quantity: _____ X \$40

Families will be contacted for pick up dates and times prior to Sukkot.

Continued on back side

D. Book of Life

\$18 per name

Please print the name of my/our loved ones as they appeared in last year's book.

Please add the names of the following loved ones:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

E. High Holy Day Honors

Opening/Closing the Ark \$50

Hagbah/Gelilah \$125

Having an Aliyah \$100

Chanting the Maftir/Haftarah \$150

Honors may be purchased by any OZ member for friends/family attending services. The Honors Committee will make the ultimate designation on who receives which honor at each service based on preference/availability.

Name(s) of Honoree(s) and Honor(s)

_____	_____
_____	_____

F. Child Care for High Holy Days- for ages 2-9 (free)

Please indicate which service(s) and how many children will be attending, so that we can plan accordingly.

Erev Rosh Hashanah, 6:00 pm - 8:00 pm

Rosh Hashanah Day 1, 9:00 am - 1:00 pm

How many children _____

Rosh Hashanah Day 2, 9:00 am - 1:00 pm

Ages of children _____

Kol Nidre, 5:30 pm - 8:00 pm

****Please supply diapers and wipes if needed***

Yom Kippur, 9:00 am - 2:00 pm

Yom Kippur, 2:00 pm - 4:00 pm

****Children over the age of 10 are the responsibility of the parent. They are not to come in the childcare room unless they are there to help. Thank you for your cooperation.***

Yom Kippur, 4:30 pm - 7:15 pm

Please mail form to: Ohavi Zedek, 188 North Prospect St., Burlington, VT 05401

The High Holy Days

A guide to Rosh Hashanah, Yom Kippur and the days between

Although the High Holy Days themselves—the two days of Rosh Hashanah (the Jewish New Year) and Yom Kippur (the Day of Atonement)—occupy three days only, they lie within a web of liturgy and customs that extend from the beginning of the preceding Hebrew month of Elul through Yom Kippur. The focus of this entire period is the process of *teshuvah*, or repentance, whereby a Jew admits to sins, asks for forgiveness, and resolves not to repeat the sins. Recognizing the psychological difficulty of self-examination and personal change, the rabbis instituted a 40-day period whose intensity spirals toward its culmination on Yom Kippur, a day devoted entirely to fasting and repentance.

When Does the Holiday Season Begin?

The High Holy Day period begins on the first day of the Jewish month of Elul. In the Ashkenazi tradition, during this month of soul searching, the *shofar*, or ram's horn, is blown each morning except on the Sabbath, to call upon listeners to begin the difficult process of repentance. Also in Elul special *haftarot* (prophetic portions) focusing on consolation acknowledge the vulnerability of an individual grappling with personal change. During the week before Rosh Hashanah, intensity increases as traditional Jews begin reciting *selichot*, prayers that involve confessing sins and requesting God's forgiveness and help. On the Sabbath before Rosh Hashanah, the *selichot* are chanted at midnight, rather than their usual early morning hour.

What Are the Ten Days of Repentance?

The culmination of the High Holy Day period occurs during the Ten Days of Repentance, which begin on 1 Tishrei with Rosh Hashanah and end with Yom Kippur. During this period, human beings have the chance to tip the scales of divine judgment in their favor through repentance, prayer, and *tzedakah* (performing righteous deeds and giving money to charitable causes).

Not only is Rosh Hashanah the Jewish New Year, which commemorates God's creation of the world, but also the Day of Judgment, when God remembers and judges all human deeds. Except on Shabbat, services are punctuated with the call of the shofar, which according to Maimonides is saying, "Awake, you sleepers, from your slumber...examine your deeds, return in repentance, and remember your Creator." Human beings are believed to be in mortal danger at this time, with their lives hinging on the decision to repent. Only those who choose to forego sin are inscribed in the symbolic "Book of Life" that is a central liturgical image of Rosh Hashanah.

On the afternoon of the first day of Rosh Hashanah, the theological bent of the morning services is reinforced in a concrete way during the *Tashlikh* ceremony, during which individuals symbolically cast away their personal sins by throwing breadcrumbs into

a flowing body of water. This action is accompanied by the recitation of biblical verses that evoke the human capacity for repentance and the beneficence of divine forgiveness through the metaphor of casting sins into depths of the waters.

What is Shabbat Shuvah?

The Sabbath between Rosh Hashanah and Yom Kippur is called Shabbat Shuvah, the Sabbath of Return, or Repentance, after a verse from the haftarah declaring "Return O Israel to the Lord, your God" (Hosea 14:2).

What Happens on Yom Kippur?

The transition to Yom Kippur begins in the hours preceding the evening onset of the festival with the recitation of the first *vidui*, or communal confession of sins, at the afternoon service. Some Jews choose to go to the mikveh, or ritual bath, to purify themselves before the holiday. The striving toward inner purity is also reflected in the white outfits traditional for the day. In traditional congregations, men will don a white robe called a *kittel* over their holiday clothes. In some liberal congregation, both men and women might choose to wear white garments to symbolize this quest for spiritual purity.

Within the Ten Days of Repentance, Yom Kippur is the pinnacle of intensity, moving toward the decisive moment at its close when God is imagined as sealing the books of life and death. The day's total focus on spiritual concerns is exemplified by fasting and abstaining from everyday activities such as bathing, sexual relations, and the wearing of leather shoes.

The liturgical day of Yom Kippur, known as the Sabbath of Sabbaths, begins with the Kol Nidre service immediately prior to sunset. The heartrending poems and prayers of the machzor, the prayer book used for Rosh Hashanah and Yom Kippur, which express the themes of repentance, human frailty, and humility before God combine with the *nusah*, or musical style of the service, to express the momentousness of the day.

Liturgical elements that distinguish the Yom Kippur services include a recounting of the Temple service on Yom Kippur, a description of the suffering of rabbis martyred by the Romans, and the reading of the Book of Jonah.

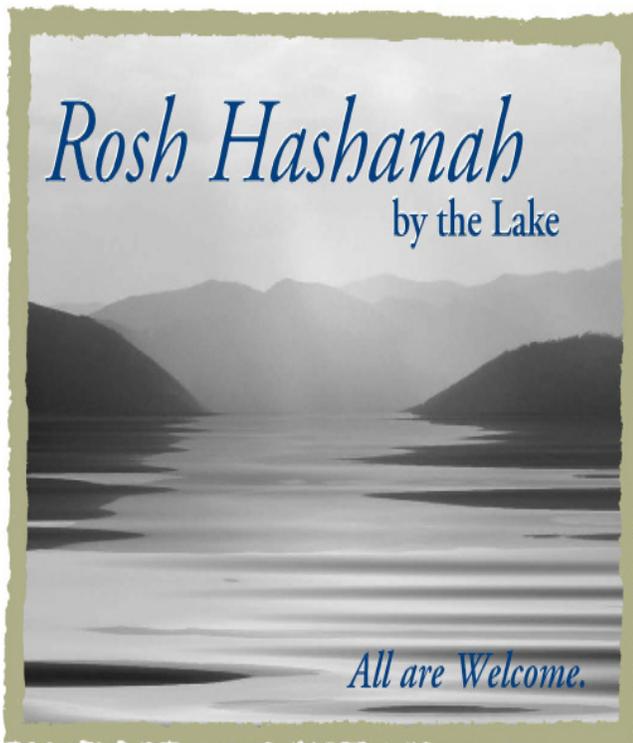
The day closes with the Ne'ilah service, during which penitents pray before the open Ark, with one last chance to repent before the Book of Life is sealed. The very name of the service, Ne'ilah (locking) refers to the imagery that the gates of repentance, open during the High Holidays, are now shutting. A lengthy sounding of the shofar, called a *tekiah gedolah*, releases the Jew back into the realm of the everyday bolstered by a final echo of the call to repentance.

Ohavi Zedek Synagogue
188 North Prospect St.
Burlington, VT 05401

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RETURN SERVICE REQUESTED

*Special
High Holy Days
Mailing*



***Rosh Hashanah
by the Lake
September 30
3:00 pm***

We will meet at The Echo Center on Monday, September 30, from 3:00 to 4:30 pm for our annual Rosh Hashanah by the Lake program for children and adults of all ages, featuring Jewish storytelling and songs, apples and honey. Hear the Shofar sound!

Members and Non-members are welcome to attend.